

Boat reservation system

Can I take sculling boats out on my own?

For your safety and the safety of BCR's equipment, there is certification process for scullers to take boats out on their own. There are two levels of certification: Level 1 for novice scullers and Level 2 for advanced scullers. Since our sculling equipment is on a replacement rotation to prevent our fleet from aging at the same time, access to sculling equipment is tiered. Level 2 certified scullers have access to all club-owned sculling equipment. Level 1 certified scullers only have access to designated equipment.

Level 1 Certification:

- Rower has demonstrated understanding of basic boat-handling skills.
- Rower is able to carry the boat and oars down to the water on own either overhead, on shoulder, or with dolly.
- Rower is able to demonstrate awareness of personal safety and safety of other boats/people on the water.
- Rower has demonstrated basic boat-handling skills on the water, including rowing, backing, turning in place, launching, docking, stopping quickly, and looking over the shoulder to steer.
- Rower has performed a "flip test" with a BCR coach present. Must demonstrate ability to either get back into boat or swim to shore using the boat as a flotation device.
- Rower has attested to acknowledgement and understanding of the risk involved in participation in a water sport and unsupervised use of BCR equipment. Rower has been instructed to carry a PFD for safety.
- Rower has demonstrated an understanding of safe and unsafe water, weather, and wind conditions. Knows traffic pattern and best ways to handle large wakes from speedboats. Understands merit of staying close to shore and uses good judgment about when to get off the water.

Level 2 Certification

- Must have steered 30 certified laps in another sculling boat
- Must have additional coach permission

Sculling Certification Checklist

Below is a check list of what the coaches will look for during certification – the sculler must be proficient enough that the following certification process is completed in under 30 minutes. The certification process is for people to take boats out on their own and is established for the safety of the rower as well as the equipment.

All off the following must be demonstrated with no assistance from the coach, either physically or verbally.

- Able to safely take boat out of the racks
- Able to safely carry the boat from the racks to the dock and put it in the water
- Able to get in the boat
- Able to demonstrate basic sculling proficiency *
- Able to get back in boat after flipping in 5 minutes or less
- Able to dock and get out of the boat
- Able to pick up the boat and carry back to the racks
- Able to safely put the boat back in the racks
- Remember to tie down the boat and get the oars without a reminder

This one is subjective. Just because someone is able to pass the flip test, if they are clearly new and wobbly sculling the likelihood of them flipping is extremely high and continuing in a coached sculling program or private lessons will be recommended.